

Tammy M. Higgins - Bio

Tammy Higgins, MSN, is an APRN with almost 30 years of clinical experience in primary care, college health, hospitalist, education, critical care, and cardiology. For the past 14 years, she has served as a cardiac specialist in the Department of Interventional Cardiology managing the pre- and post-procedure unit at Danbury Hospital. She is currently the Coordinator of the newly organized Transition of Care Office for Western Connecticut Medical Group.

Tammy is a frequent preceptor and mentor for students, a regular EMS guest lecturer, and a BLS, ACLS, and PALS instructor. She earned her bachelor's degree and Master of Science in Nursing from Western Connecticut State University and obtained her Connecticut APRN license in 2001. She constantly strives to further her education by attending conferences and CME activities.

Tammy is a leader among the APRN group who regularly coordinates educational events, social gatherings, and informational sessions to keep her colleagues up to date on the latest hospital news. She is a former member of the Hospital Credentialing Committee and former President of the Associate Medical Staff Leadership Board. She was a Nurse Nightingale Recipient in 2016.

Tammy embodies the WCHN vital quality of stewardship, volunteering a large amount of personal time sharing her medical knowledge and skills with others. She is a strong believer in giving back to the community. In 2015, Tammy coordinated an event that involved more than 300 participants from the Greater Danbury Area entitled "Hands for Life" where she arranged to teach community members the lifesaving skill of hands-only CPR. She also has participated in the two WCHN sponsored community Medical Mission Days to provide medical care to the underserved in the Danbury community.

Tammy has a strong passion for global health initiatives. She has participated in eight medical mission trips thus far, working in Kenya, Haiti, Uganda, and China. She actively fundraises for the non-profit organization Hearts Around the World and is now on the Steering Committee for Nuvance Division of Global Health in Nursing.