

Dr. Cathy Miller - Bio

For over 10 years, Dr. Miller has worked with anti-human trafficking organizations. She has also cared for victims and survivors in the clinical setting for over 20 years. She presents and provides training nationally/internationally on human and child sex trafficking and complex trauma. Additionally, Cathy has multiple publications on child and adolescent complex trauma and child sex trafficking.

In 2010, she joined Shared Hope International (SHI) as a fellow before becoming their Health Care Consultant and trainer in 2014. Cathy also has over 20 years' experience as an ER, ICU, and trauma registered nurse, has acted as a director of multiple departments, and as a critical care flight nurse.

She and her research teams recently completed the first study identifying the most important elements of a healthcare provider education program for the recognition, intervention, and referral of child sex trafficking victims; they further expanded the research to include all ages and forms of trafficking. The study's results informed the SHI's iCare guide.

Most recently, Cathy has acted as the consultant and trainer for DHHS ACF's newly formed National Human Trafficking Training and Assistance Center. She is currently the Co-Chair of the Texas Coastal Bend Border Region Human Trafficking Task Force and a founding Steering Committee member of the Global Anti-Human Trafficking Task Force initiated by the United Nations in November 2018. She is also Founder and President of Miller Health Care Consulting, serving as subject matter expert for various law firms and the US Attorney's Office Southern District of Texas.

In academics, Cathy teaches at the bachelors, masters, and doctoral levels.